

TIMELINE

2012

9 Feb Letter to all club coaches requesting nominations

1 Mar ALA On-line Applications

Vic Squad Training

Sun 3 June
Sun 1 July
Sun 5 August
Sun 2 September

SA Squad Training

Sun 17 June
Sun 8 July
Sun 12 August
Sun 9 September

WA Squad Training

Sun 17 June
Sun 15 July
Sun 19 August
Sun 16 September

Wed 7 – Sat 13 Oct
Senior Nationals, Perth

Sun 14 & Mon 15 Oct
Squad Camp



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A Message from your Head Coach

Welcome to the first newsletter from the Australian Team Coaches and Managers, for our assault on Denver in 2014.

We have been busy over the last few weeks putting together time-lines, squad camp dates, selection criteria, costing, schedules and more importantly putting together a quality team of coaches / trainers / physios and managers.

SQUAD SELECTION

The first part of our squad selection process is a letter to every Club President and Coach in the country. This letter was emailed from ALA on 9th February, asking club coaches to nominate their players that they consider could be selected for the team and also players that would benefit from being part of the squad.

We also asked club coaches to nominate players, originally from their club, who are currently overseas (playing in USA or other country) or have left the game. Our search for the best possible team begins with the best available squad.

SQUAD APPLICATION PROCESS

ALA will circulate details for the 'On-Line' Squad Application, on 1st March 2012. Interested players can log on to the link and complete the Application Form.

To formalise your Application, you must then mail the following to ALA;

Cheque or Money Order;
Application Fee \$150
Squad Training Fee \$ 50
Total \$200

Plus;
Proof Eligibility / Age
(photocopy of Australian passport, or Residency Visa)

SQUAD TRAINING FEE (June-Sept 2012)

The \$50 fee includes your '2014 Squad' reversible singlet, that must be worn at all training sessions and squad camps.

SQUAD TRAINING

State Based Training will commence as one session per month, on Sunday mornings;

June 2012
July 2012
August 2012
September 2012

See Calendar on left for dates.

FULL SQUAD CAMP

Sunday 14th & Monday 15th October - Perth.
Following the Senior Nationals, 7th – 13th Oct.

This will be our first full squad tryout together, including all 2014 Coaches, on hand for the 2 day camp.
(Travel, Accommodation and Venue Details to be advised)

SQUAD SELECTION

The first Squad Selection, will occur following the Perth Camp.

The selected Squad for the next stage will include a profile for each player, with an assessment of several key areas including;

skill level
fitness
attitude
shooting
defensive positioning
left hand / right hand
team work.

Coaches will monitor individual progress at each training session and subsequent camps. Individual players will receive feedback throughout and will be made aware where specific attention is required to lift their ability as a whole player.

COMPETITION

ALA is currently investigating competition opportunities with teams from overseas. These will be confirmed once arrangements are completed and confirmed.

Yours in Lacrosse.

Glenn Meredith
Head Coach
Australian Men's Lacrosse Team 2014