

TIME-OUT

The official magazine of Brisbane Basketball



The Mac Attack

© Ross Barton
www.rossbarton.com

JUNE 2012



INSIDE SCOOP

STARTING FIVE

- Page 13 - Aussie Hoops*
- Page 16 - Caps in the Community*
- Page 18 - Caps in the USA*
- Page 27 - Coaches Excel*
- Page 31 - The Future is BRIGHT*

THE BENCH

- Page 5 - Message from the GM*
- Page 12 - The Greater Brisbane League*
- Page 17 - Gates of Hope*
- Page 22 - Caps Locker Room—Merchandise*
- Page 23 - Brisbane Sweeping BQ Awards*
- Page 26 - Junior Brisbane Capitals Coaches*
- Page 29 - Clubs get POSITIVE*
- Page 33 - Aussie Hoops term 4*

FOLLOW US ON



@BrisCapitals



more give, less take



Proudly supporting Brisbane Basketball Inc.

For every drawdown home loan referred to us from your club, we'll give back to Brisbane Basketball Inc.

**Speak to your participating
NAB store today.**

**NAB Toowong 3346 1500
NAB Sherwood 3716 5200
NAB Indooroopilly 3212 4800
NAB Ashgrove 3514 4200
NAB Mt Ommaney 3877 4500**





Message from the GM

The QBL season is over and as we move towards the close of the year we look back on the season that was. The QBL and D League teams did us proud with all 4 teams almost managing to make finals if it wasn't for one or two results going against the Caps. A big Congratulations to the D League Brisbane Capitals Women who were able to return to the Grand Final this year only to have Ipswich scrape home with a 4 point win after the Caps trailed by as many 20 points at the half.

We welcome Don McCarron to the BBI ranks as he replaces Dave Mitchell in the role of Female Development Manager for the upcoming 2012/2013 representative season. Dave did a tremendous job in keeping the female program moving forward and developing our junior female athletes.

Our U14 Brisbane Capitals Gold Boys will travel to Perth in a month's time to compete at the Australian U14 Boys Club Championships we wish Penny and the boys all the best for the Championships.

The GBL Season is over and we have crowned the Champs with the Rocco's Raiders proving that you cant beat experience and the depth of the new look Western Magic team out ran the entire competition to win the Women's Gold Division.

The Junior Championship season is almost at a close and we would like to congratulate all the teams on their seasons and wish those who managed to make finals all the best for their upcoming finals. Grand Final day is sure to be one of excitement again as our Junior competition continues to grow.

The BBI Management Committee and Staff have been working tirelessly to continue to provide a better basketball experience for all members and with a number of things planned for 2013, the future looks exciting and whilst there be a few differences next year they will be for the better.

We would also like to welcome to the team at BBI Big Joe who was formerly the Gold Coast Blaze and Brisbane Bullets Team manager he will be helping out with the Junior Representative program, so please make him feel part of the Brisbane Basketball family.

Yours In Basketball

Tracey Wroe

General Manager



WHATS HAPPENING

September

Sat 1st - Junior Semi Finals

Fri 7th - QBL & D League Awards Dinner

Fri 7th & Sat 8th - Junior Preliminary Finals

Sat 8th & Sun 9th - BQJBC Grading Tournaments

Fri 14th & Sat 15th - Junior Grand Finals

Thurs 20th - Sun 23rd - Champion Basketball School of QLD @ Logan

Sat 8th & Sun 9th - BQJBC Grading

Sat 16th & Sun 17th - BQJBC Grading

Thurs 27th - Holiday Clinic

Fri 28th - FBI Specialist Clinics

October

Sat 1st—6th - Australian U14 Boys Club Championships

Tues 9th - GGRANT WRITING WORKSHOP

Sat 13th - Round 1 BQJBC

Sat 13th - WNBL LOGAN THUNDER v CANBERRA CAPITALS

Fri 19th - WNBL LOGAN THUNDER v ADELAIDE LIGHTNING

Sat 20th - Round 2 BQJBC

Sat 27th - Round 3 BQJBC

FOLLOW US ON



@BrisCapitals





Holiday Clinics

WHEN: Friday 28th September
9.30—3.30pm (Sign-in 30mins early)
(Registrations close Wed 26th)

WHO: Club players of all skill levels aged 5-14yrs

WHERE: NAB Basketball Stadium
Dixon Street, Auchenflower

COST: \$60 GST incl. per participant

EQUIRIES: BBI Office 3371 0200

Register at
www.brisbane.basketball.net.au

FOLLOW US ON



@BrisCapitals





SPECIALIST CAMPS

WHEN: Thursday 27th September
(Registrations close Monday 24th September)

WHO: Players aged 12-17yrs

WHERE: NAB Basketball Stadium
Dixon Street, Auchenflower

COST: \$40 GST incl. per participant
OR \$95 for all 3 clinics

EQUIRIES: BBI Office 3371 0200

Clinic 1—POINT GUARDS 8AM—10.30AM

Clinic 1—PERIMETER PLAYERS 11AM—1.30PM

Clinic 1—POST PLAYERS 2PM—4.30PM

Register at

www.brisbane.basketball.net.au





COMPETITION

WIN FREE BRISBANE CAPITALS GEAR

IF YOU LIKE US ON FACEBOOK OR FOLLOW US ON TWITTER

YOU CAN WIN!!!!

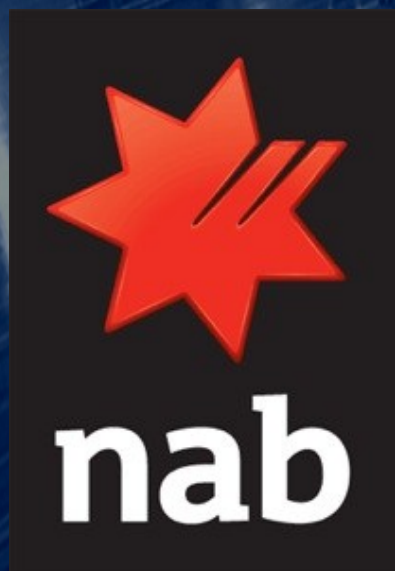
ALL INFORMATION ON COMPETITION IS ON OUR FACEBOOK & TWITTER



***Brisbane Capitals or
Brisbane Basketball Inc***



@BrisCapitals





THE GREATER BRISBANE LEAGUE

THE BEST LEAGUE IN SOUTH QUEENSLAND SINCE 1989

As the regular season Championship Season of the GBL comes to an end for 2012, many teams are looking towards the off-season to rebuild and regroup and ask what may have been and then there are the top 4 teams in each division hoping to ensure they've got their eye on the prize.

This Championship Season has been a changing of the guard in terms of the teams dominating the finals appearances with the University Reds having 7 of their teams contesting semi-finals and the Post-Tels Falcons being represented by 5 teams. In previous years the likes of Lang Park and North Brisbane have dominated because of their strong junior programs which still remain strong clearly evident by the number of college and QBL players produced by such programs. It seems that the formula being used by the Reds and Falcons is a focus on having consistency across the entire club and by all accounts to date it is working to their benefit. They have also managed to unearth a few gems in the rough and these young upcoming kids will get their chance to prove their value in time.

The finals have been played and the Champions named now we move forward to the next season and what is going to be a cracker of an off-season. What does mean for the GBL is that again all the teams must start to spend more time refining their skill sets, dotting their I's and crossing their T's in preparation for a 2012/2013 off-season that will see a number of QBL players come back to prepare for the following years competition.

GRAND FINAL WINNERS

MEN

GOLD	Rocco's Raiders 86 defeated North Brisbane 77
SILVER	Nth Brisbane 81 defeated Unireds 45
BRONZE	Northern Galaxy Gold 64 defeated Post-Tel Falcons Red 52
U23's	Unireds 1 65 defeated Unireds 2 47

WOMEN

GOLD	Western Magic 77 defeated Post-Tel Falcons 61
SILVER	Lang Park Gold 57 defeated Lang Park 31

FOLLOW US ON



@BrisCapitals





ISLAMIC COLLEGE OF BRISBANE

Brisbane Basketball through the "Caps in the Community" Program has formed a strong relationship with the Islamic College of Brisbane over the past year which has lead to the school being the inaugural Aussie Hoops Affiliated School of Brisbane Basketball. Over the last two terms Brisbane Capitals Players have gone out each week to teach the children about basketball, they never thought that it would be themselves that would be learning the lessons. Working in a school with such a rich cultural background has seen the players have their eyes opened to how these amazing young children put their faith above all else.

"The players have been totally overwhelmed by the level of support and kindness" said Regional Services Manager Jordan Mullan. "We had one girl who has said that she wants to adopt QBL Brisbane Capitals Molly Windsor as her older sister and went to the effort of writing her a card and giving Molly a huge hug to say thank you."

The whole idea behind Caps in the Community is to give back to the community and through our involvement in the delivery of Aussie Hoops and the support of General Manager Tracey Wroe & the BBI Management Committee, the Islamic College of Brisbane will receive almost \$800 worth of resources towards their basketball program. Ms Wroe when asked about what this meant for BBI "the work of our Brisbane Capitals players through this great initiative has seen them realise how important their role in the community is, this is just our way of ensuring we give back to grow basketball and help kids play basketball."





Rhee TaeKwon-Do



BRISBANE & SUNSHINE COAST REGIONS



FREE UNLIMITED TRIAL

WEDNESDAYS & FRIDAYS 9.15 - 10.15AM



www.rhee.com.au

PH: 1300 132 779



nab

NAB STADIUM

16 DIXON STREET, AUCHENFLOWER

JUST TURN UP & GIVE IT A GO!!!!

SELF- DEFENCE

SELF-CONFIDENCE

FITNESS





in the Community



FOLLOW US ON



@BrisCapitals





in the community



The Brisbane Capitals QBL Game v Mackay Meteors & Meteorettes was used as a fundraiser for the Caps in the Community Partner Gates of Hope Orphanage, with all door takings and raffle money being donated to the Organisation.

Through the work of the BBI Staff and the continued effort from Gates of Hope representatives Deborah and QBL Brisbane Capitals Point Guard Joel Ryman the night raised a total of \$698.45.

At half time shoot-out saw Mr Michael Wolfe (pictured left) & his wife Norma win a nights accommodation for two at the Mantra Harvey Bay Hotel. Thank you to Jo & Brett Kochner for

their donation of this prize to the Gates of Hope Organisation.

A Big Thank you must also go out to Sublime hairdressing, Ella Bache and Event Cinemas for also donating prizes.

If you are or know of someone who would be interested in donating to the Gates of Hope Organisation please contact Deborah via email at

Deborah@gatesofhope.com.



FOLLOW US ON



@BrisCapitals



GATES OF HOPE



SINK 3'S FOR SCHOOL FEES

Thanks to everyone who has pledged to each 3-pointer Joel makes this season, we have raised more than a quarter of our goal and have covered one entire semester of school fees for all thirty-five of our children in Kenya so far.



SPONSOR A CHILD

We have thirty children who are in need of a committed monthly sponsor. The children needing a sponsor are between the ages of 9 and 23. Each child attends school. Half of our children are orphans and the other half are street children. For more information or if you are interested in sponsoring a child for \$30 a month, please send an email to

[**deborah@gatesofhope.com.**](mailto:deborah@gatesofhope.com)

FOLLOW US ON



@BrisCapitals



AUSSIES ABROAD

Every year around this time a number of Brisbane Capitals players make the move to the Northern Hemisphere in pursuit of that illustrious college career that they dream of since the day they could bounce a basketball.

This year however has been different from previous years in that the number of former Brisbane Capitals juniors making that flight to the US of A has dramatically increased from previous years.

Whilst some will be entering into their sophomore (second), junior (third) or senior (fourth) years of college life. The number of avenues that can be pursued by the local talent have widened. This year will see a couple of young athletes play at Juco's (junior College's) or NAIA schools which for a long time have been the forgotten pathway.

This rapid increase of Brisbane juniors progressing to the college ranks continues to demonstrate the strength of not only the Brisbane Capitals Junior Representative program but also the quality of competition available to junior players.

Mitch McCarron was one who put in a lot of work last year at Metro State in Denver and was unable to play due to college rules. He came back to "Brisvegas" on a mission tearing it up on the glass and playing like a man possessed at both ends of the floor. "Macca" came back stronger, more defined and demonstrating a lot more patience and understanding of his game to the effect of 16.8ppg shooting at a clip of 44.9% from the field and 11.2rpg. Numbers like that aren't too bad for a guy who sat on a bench all year and didn't play a single minute of court time which begs the question imagine what he will do when he gets the opportunity to play? Metro State have most definitely recruited well and a team that worked its way towards the number 1 seed in the country they have found an asset in our boy "Macca".

Brock Motum was also back in town this summer and the all conference first team selection at Washington State University is keen for more success this year as he attempts to lead his team to the NCAA tournament. Whilst for the first couple of months of the Australian Winter he was here working out with the guys he grew up playing juniors with, it's clear the quietly spoken Motum has improved.

FOLLOW US ON



@BrisCapitals



AUSSIES ABROAD

Standing at 6'10" the forward was joined by his teammates for a tour of Australia as part of their pre-season preparation. It proved a tough task for the touring side playing against some professional outfits in Cairns Taipans, Melbourne Tigers & Wollongong Hawks.

In his tour of duty he averaged 27.2 points to lead the cougars, 9.4 rebounds per game and shot the ball at an incredible 62% from the field through the 5 touring games. The tour was nothing short of amazing for the big man from Brisbane and in his final outing against the Cairns Taipans he put up 41 points on 13 of 19 shooting in only 35 minutes due to fouling out which included 12 of 16 from the charity stripe. Washington State University is on the map thanks to Brock's former teammate Klay Thompson being drafted to the Golden State Warriors a couple seasons ago here's hoping Brock Motum will have a huge season if all the signs are true he's ready to be the next big thing out of Oz.

Steph Bairstow left the AIS and returned to Brisbane this year and since that time she has ridden the roller coaster of life before college basketball. She will be starting her freshman year at Utah State University this year and has seen her persistence and hard work pay off in recent times with the call up the 'tute' following in brother Cameron's footsteps and then also last month being selected to represent Queensland's inaugural Junior 3x3 team then being selected in the Australian team.

A number of other former Brisbane Capitals juniors will be making their debut in the USA in their freshman seasons this year. Brendan Carroll will be suiting up for Seattle Pacific in the NCAA Division 2, Nicky Chia will be attending McDaniel College is a small college in Maryland, Jaryd Eustace is off to Impact Basketball Academy in Las Vegas, Nevada. Matt Strybos will join Ben Wilson at North Platte Community College in Nebraska and Peri Ewin is at St Edward's university in Austin, Texas.

Corban Wroe will return to Hartford University in the highly regarded NCAA Division 1 competition and will get more court time as a freshman he continued to impress coaches with his tireless work ethic towards. This off-season "Corbs" came home and worked on his J as well as ability to knock it down from range so it will be interesting to see how he fills the combo role spot in his sophomore with another weapon to his arsenal.

FOLLOW US ON



@BrisCapitals



AUSSIES ABROAD

"Big Bear" Cameron Bairstow will also be returning with a point to prove as he returns to University of New Mexico. Cam was back in Australia and during that time trained and showed off his ever impressive arsenal as he has added a jump shot and some range to his shooting which will make him a nightmare to guard going back to the NCAA. A bigger and stronger Bairstow returned to Australia and he has added some speed to his big frame so look out ESPN we may see some highlights from the Lobo's where he'll team up with another Aussie in Hugh Greenwood.

Ben Wilson came back leaner and meaner a year in the wilderness meant that all the boy did whilst in Nebraska was lift and shoot, having moved to the 3 spot this year meant he had to carry a lot of the load and be the anchor his team. But the addition of the fellow collegian in Matt Strybos will see 'willow' move back to the 2 guard and in his final year at the Junior College he'll be looking to light up some scoreboards trying to impress some NCAA coaches.

Brendan Carroll spent the last 12 months working on his game whilst training with the Gold Coast Blaze and now the once scrawny kid has filled out and has added some serious strength to his long frame. He will go to Seattle Pacific and having played the combo guard spot will fit right in, his speed and inept ability to draw a second defender and dish will prove helpful.

Nicky Chia came out this year and proved the old saying nothing beats hard work as being true as he busted a gut all year to find a college who needed a kid who will annoy you defensively until you want to take it off the court. The drive and determination of this young man will help any roster and his lead by my actions approach will surely see him make the most of his opportunity at McDaniel College.

Peri Ewin had made the switch to the Caps this year and things were on the rise before a fall in a road game. However this hasn't hindered and her work with QBL Brisbane Capitals Coach Kristen Veal meant she became a better all round guard with some sound ball handling and improved on her ability to thread the needle to open player in the open court.

FOLLOW US ON



@BrisCapitals



COMPETITION

WIN FREE BRISBANE CAPITALS GEAR

IF YOU LIKE US ON FACEBOOK OR FOLLOW US ON TWITTER

YOU CAN WIN!!!!

ALL INFORMATION ON COMPETITION IS ON OUR FACEBOOK & TWITTER



***Brisbane Capitals or
Brisbane Basketball Inc***



@BrisCapitals

CORPORATE LEAGUE



LANG PARK PCYC CORPORATE LEAGUE

TUESDAYS MID-MORNINGS TO AFTERNOONS

11AM - 2:30PM

CONTACT

JILL LEWIS - 3366 3303

FOLLOW US ON



@BrisCapitals



CAPS SHOP



OPALS BALL \$15.00



BOOMERS BALL \$15.00



BALL BAG \$19.80



WATER BOTTLE \$8.80



SOCKS \$10.00



REVERSIBLE \$30.00

FOLLOW US ON



@BrisCapitals





Brisbane Basketball was very well represented at the 2011 Basketball Queensland Awards dinner in late June and had 5 members receive awards recognising their contributions to basketball.

Life Memberships were awarded to Mr David White (centre) and Mr Leo Moloney (second from right) this is an honour that is only bestowed upon members of the basketball community that have filled a number of different roles. With Mr White and Mr Moloney being former Presidents and Life Members of Brisbane Basketball for their years of service to the development of basketball in the Brisbane area it was only fitting that they receive these honours.

Pam Hamilton-Smith received State Team Female Coach of the Year after leading her Queensland South U18 Girls to the Silver Medal against Victoria Metro.

Eunice Austin received the Manager of the Year Award after more than 20 years of managing state teams "Euni" as she is referred to by all of the players who have been in her teams, can still remember every player to come through the program and treats them like her own children.

Dale Ryan received the State Team Male Coach of the Year after leading an undermanned Queensland U20 Men side to the National Championship final to win a Silver Medal.

FOLLOW US ON



@BrisCapitals



CAPS SHOP



USB STICK \$15.00



WARM UP SHIRT \$45.00



WHITE T \$20.00



SPORTS BAG \$45.00



SHORTS \$40.00



GREY T \$20.00

FOLLOW US ON



@BrisCapitals



CAPS SHOP



HOODIE \$40.00



BULLETS T \$15.00



CLAPPER \$3.00



BAG \$25.00

FOLLOW US ON



@BrisCapitals





JUNIOR COACHES

Brisbane Basketball is pleased to announce the 2012/2013 Junior Representative Coaches that will lead the Brisbane Capitals to continued success this coming season.

The coaches will be lead by Dale Ryan & newly appointed Female Development Manager Don McCarron who brings a wealth of knowledge to the position, that was last year filled by one of our most successful coaches and current QBL Brisbane Capitals Assistant Dave Mitchell.

We congratulate all coaches on their appointment and wish them all the best in the coming season.

	Girls	Boys
U12 Gold	Dave Bennett	Nick Fracchia
		Paul Leavitt (Assistant)
U12 Silver	TBA	Stewart Briggs (Co-Coach)
		Sam Mackinnon (Co-Coach)
U14 Gold	Steph Alekna	Penny Bairstow
	Calia Hanks (Ast)	Mitch Hayward (Ast)
U14 Silver	Fiona Hannan	TBA
U16 Gold	Pam Hamilton-Smith	Oli Bagheri
U16 Silver	Kelly West	John Townend
U18 Gold	Paul O'Brien	Jordan Mullan
	David Jordan (Ast)	
U18 Silver		Mykal Broomhall

FOLLOW US ON



@BrisCapitals



It's more than just X's and O's

Brisbane Basketball continues to set the standard for coaching, as three coaches were selected to be part of Basketball Queensland's plan to develop local coaches.

Brisbane Basketball's Development Manager upon the announcement of selections "Brisbane Basketball takes great pride in providing opportunities for not only players but coaches as well, and it is rewarding for the club to see our coaches recognised for their efforts and achievements through their selection in programs such as these"

Penny Bairstow has been selected and recently attended a number of workshops at the national level for her coaching efforts in 2011 & 2012. Her Brisbane Capitals U14 Boys Gold team successfully won the State Championship and will now take part in the Australian U14 Boys Club Championships in October in Perth.

Current Brisbane Capitals D League Women's Coach Steph Alekna and Brisbane Capitals U18 Boys Gold Coach Jordan Mullan were selected as part of the Coach Advancement Program which will see the two take part in a number of state wide programs, as well attend an Australian Junior Camp in September at the AIS and then travel on a 3-4 week coaches tour to the USA October next year.

The program sees 11 coaches from all over the state participant as part of a pathway being developed by Basketball Queensland to enable coaches make the transition from junior to senior professional coaches. Brisbane Basketball is the only association with more than coach selected in the program which reflects that Brisbane continues to develop its young upcoming coaches.

Ryan on what it means for these coaches "It is a just reward for these 3 coaches who have given up countless hours of their time as volunteers to assist in the development of our Junior and Senior club and representative players"

FOLLOW US ON



@BrisCapitals





Lang Park Lions

Brisbane

Di Wood or Jenny Kohout

basketball@langparkpcyc.org.au



Northern Galaxy

Nundah/Wavell/Kedron - North Brisbane

Andrew Fiedler

generalenquiries@northerngalaxy.net



North Brisbane Dragons

Ferny Hills/Mitchelton - North Brisbane

Sean Connolly

nbba@northbrisbanebasketball.com.au



QUT Dragons

Ferny Hills/Mitchelton/Kelvin Grove - Queensland University of Technology

Martin Coogan

qutdragons@northbrisbanebasketball.com.au

FOLLOW US ON



@BrisCapitals





Clubs unite to promote positive sporting outcomes.

Northern Galaxy Basketball and West Brisbane Falcons Basketball Clubs are joining forces to promote and celebrate positive outcomes through sport by holding a Positive or it's Pointless day August 4 at Brisbane Basketball Inc.

Both clubs have fixtures scheduled against each other and club members can socialise with each other at a sausage sizzle being jointly organised by the two clubs. As part of the activities the clubs will be promoting the message of the Positive or it's Pointless program.

"This is a great opportunity to appreciate and interact with members from another club away from the competitive arena that will allow for the positive reinforcement of sportsmanship and friendship as key elements of being involved in sporting programs," stated Mal McGrechan, president of West Brisbane Falcons Basketball.

"With both clubs supporting the philosophy of the program it was the perfect opportunity to combine efforts and promote the positive aspects of sport," said Andrew Fiedler, President of Galaxy Basketball. "This is a great way for members of both clubs to socialise outside of the competition of sport."

The Positive or it's Pointless campaign aims to reduce poor and unacceptable player, spectator and parent behaviour to make sport safe for all children. Both clubs were successful in securing funding in 2012 for the purchase of equipment.

Northern Galaxy Basketball and West Brisbane Falcons Basketball Clubs are affiliated with and play out of Brisbane Basketball Inc.

Contact:

Mal McGrechan; President, West Falcons Basketball Inc: 0408 879 122

Andrew Fiedler; President, Northern Galaxy Basketball Inc: 0410 541 215

Further Information:

Queensland Government [Positive or it's Pointless Program](#)

FOLLOW US ON



@BrisCapitals





Post-Tels

Jindalee/Oxley/Centenary - South West Brisbane

Mark Harris

mark.harris@ipsure.com.au



UQ Uni Reds

St Lucia/Indooroopilly - University of Queensland

Alex White

alex@unireds.com



West Brisbane Falcons

Jindalee/Oxley/Centenary - South West Brisbane

Mal McGreachan

westbrisbanebasketball@hotmail.com



Western Magic

Inala - South Brisbane

Gavin De La Cruz

delacruz-g@hotmail.com

FOLLOW US ON



@BrisCapitals



The Future is **BRIGHT!**

Basketball Queensland recently held its inaugural Future Development Program Camp at the Sleeman Sports Complex for the state's best U14 Basketball players. With Brisbane represented by 9 athletes and three coaches. The camp proved to be a huge success as it gave the athletes and coaches an opportunity to be involved in a live-in 4 day camp and the prelude to a National Championships.

The athletes pictured below with Basketball Queensland's High Performance Manager Leonard King.

Front Row (left to right): Isabelle Parker, Nicholas Stoddart, Sean Bairstow, Hunter Scofield, Mason Woosnam.

Back Row (left to right): Rachel Mate, Gabriel Cooke, Kayla Beverley & Tom Hains



Presented to Brisbane Basketball Inc.
Under 14 All-State Camp - July 2012

FOLLOW US ON



@BrisCapitals





D League Men



BREEN



DARRELL



DICKINSON



FOGARTY



FRACCHIA



KELLY



LAM



LAVERICK



MAKAVILITOGIA



MARKS



MCINERNEY



MERLANO



TANNER



WEEKS



COACH BREEN

FOLLOW US ON



@BrisCapitals





Term 4 Program

Who: BEGINNER BASKETBALLERS IN PRIMARY SCHOOL

When: Tuesdays or Thursdays Afternoons

ROOKIES (3 - 7yrs) 4:00pm - 4.50pm

PROS (8 - 12yrs) 4:50 - 5.40pm

Starts October 9th - December 13th

Where: NAB Stadium (formerly Vince Hickey Stadium)

16 Dixon Street, Auchenflower

Cost: \$5 per week pay on the day OR

\$40 (GST incl.) for once a week for 10 weeks OR

**\$60 (GST incl.) for once a week for 10 weeks
+ Aussie Hoops Pack (see below)**

Register online at www.brisbane.basketball.net.au

And click on "Aussie Hoops" under "Player Programs" at the top.

Aussie Hoops is for all boys & girls up to 12 years of age and ALL abilities!!!! It's FUN games and learning basketball all at once.





D League Women



CREET



EWIN



FINLAY



GLENN



GRIFFITH



HANKS



MOUNCEY



SCHAFER



WEBB



WINDSOR



**COACH
ALEKNA**



**ASSISTANT
COACH WEST**

FOLLOW US ON



@BrisCapitals





Northern Galaxy Aussie Hoops

When: Saturday's 8am – 9am Starts Saturday 21st July

Where: Kedron State High School, Park Rd, Kedron

Please [click here](#) for more information

CONGRATULATIONS D LEAGUE RUNNERS UP



2012 BRISBANE CAPITALS



D LEAGUE WOMEN

BACK ROW (L-R): STEPH ALEKNA (COACH), EMMA GLENN, OLIVIA GRIFFITH, MOLLY WINDSOR, SARAH WEBB, SINEAD MOUNCY, PERI ERWIN, KELLY WEST (ASST COACH)
FRONT ROW (L-R): CONNIE FINLAY, KARTYA CREET, CALIA HANKS, BROOKE SCHAKER

ZEN CREATIVE STUDIOS - 0417 102 229

FOLLOW US ON



@BrisCapitals





QBL Men



BAIRSTOW



BARKER



BARUKSOPULO



DICKINSON



FOGARTY



GILLAN



KELLY



LAM



MASUNDA



MCCARRON



PAJNIC



ROBERTS



RYMAN



SENGSTOCK



TAYLOR



**COACH
RYAN**



**ASSISTANT
COACH
MITCHELL**



**MANAGER
PEARSON**

FOLLOW US ON



@BrisCapitals



COMPETITION

WIN FREE BRISBANE CAPITALS GEAR

IF YOU LIKE US ON FACEBOOK OR FOLLOW US ON TWITTER

YOU CAN WIN!!!!

ALL INFORMATION ON COMPETITION IS ON OUR FACEBOOK & TWITTER



***Brisbane Capitals or
Brisbane Basketball Inc***



@BrisCapitals



Ross Barton
www.rossbarton.com
Sport, Event, Landscape, Travel & Portfolio Photography

IF YOU WANT THE BEST BEHIND THE LENS TAKING YOUR CHILD'S SPORTING ACTION SHOTS THEN YOU NEED NOT LOOK ANY FURTHER ROSS BARTON & MARK GLENDAY HAVE OVER 16 YEARS EXPERIENCE SHOOTING FOR THE NBL, WNBL WORKING IN PARTICULAR CLOSELY WITH THE GOLD COAST BLAZE AND BRISBANE BULLETS.



Glenday  Photographics

FOLLOW US ON



@BrisCapitals





QBL Women



COOK



CREET



DAVIS



EWIN



FINLAY



KENSINGTON



NAYLOR



NORGROVE



PEDDIE



RANDALL



STEINDL



WARREN



WEBB



WINDSOR



**COACH
VEAL**



**ASSISTANT
COACH
MCMEEKAN -
RUSCOE**



**ASSISTANT
COACH
O'BRIEN**



**MANAGER
MUCHA**

FOLLOW US ON



@BrisCapitals



more give, less take



Proudly supporting Brisbane Basketball Inc.

For every drawdown home loan
referred to us from your club, we'll
give back to Brisbane Basketball Inc.

**Speak to your participating
NAB store today.**

**NAB Toowong 3346 1500
NAB Sherwood 3716 5200
NAB Indooroopilly 3212 4800
NAB Ashgrove 3514 4200
NAB Mt Ommaney 3877 4500**

