

Sports First Aid Course (HLTFA311A - Apply First Aid)

Sunday February 3, 9am-5pm
Melbourne Eastern Healthcare,
157 Scoresby Road, Boronia
Cost \$155
Course Number: 31305F



Level 1 Sports Trainer Course

Sunday February 10 & Sunday February 17, 9am-5pm (both days)
Melbourne Eastern Healthcare,
157 Scoresby Road, Boronia
Cost \$225
Course Number: 31309

Combined Level 1 Sports Trainer & Sports First Aid Course

Course Number: 31301C
February 3, 10, 17, 9am-5pm (all days)
Melbourne Eastern Healthcare,
157 Scoresby Road, Boronia
Cost \$325

Level 1 or 2 Sports Trainer Reaccreditation & CPR Update

Course Number: 31306R/31306FC
Sunday February 24, 10am - 2pm
Melbourne Eastern Healthcare,
157 Scoresby Road, Boronia
Cost \$125 (CPR Only \$40)

Please note: Successful completion of the Sports First Aid Course or another First Aid Course is a pre-requisite for the Level 1 Sports Trainer Course and Reaccreditation.

To avoid disappointment please enrol in a course at least a week prior to commencement.

If you require any further information regarding any of these courses please contact Sports Medicine Australia on 9674 8777 or email ssp@vic.sma.org.au

Course Information

Sports First Aid - HLTA311A - Apply First Aid

Sports First Aid is a one day (8 hour) course designed specifically for the First Aider working in sport. The course will give you a Statement of Attainment for HLTA311A - Apply First Aid and a 3 year SMA Sports First Aid accreditation.

The program includes:

- Crisis management, including CPR
- Management of hard and soft tissue injuries
- Fracture management and skin injuries
- Immediate management and referral of sports injuries (STOP and RICER)
- Control of external bleeding
- Moving the injured athlete (stretcher carries)



Level 1 Sports Trainer

This course will recognise you as a SMA accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. SMA accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
- Sports taping and nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Please note: Successful completion of the Sports First Aid Course or an Accredited First Aid Course is a pre-requisite for the Level 1 Sports Trainer Course and Sports Trainer Reaccreditation.



Please make cheques payable to
"Sports Medicine Australia"
and send to:

Sports Medicine Australia
Sports House, 375 Albert Road
Albert Park VIC 3206
Phone: 03 9674 8777
Fax: 03 9674 8799

e: ssp@vic.sma.org.au



ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Club or Organisation _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

- ☐ I will direct deposit \$ _____ on the following date _____
- ☐ Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)
- ☐ Please debit \$ _____ From : ☐ MasterCard ☐ VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Please send cheque or credit card payments to:

Sports Medicine Australia - Victorian Branch

Sports House, 375 Albert Road, Albert Park 3206 ABN:13 821 409 176

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? ☐ SMA-VIC Website ☐ Eflash ☐ Club/Organisation

☐ Facebook ☐ sportspeople.com.au ☐ Other _____