

Hey Guys,

My name is Nick Carling, formerly Nick (Nicholas) Chetcuti. I played footy for Diggers Rest Football Club for 12 years from 1993.

After leaving school, i had no idea what i wanted to do or who i wanted to be. I got stuck in a real rut and between 2002-2005 worked in a number of different businesses from forklift driving, baking, warehouse distribution, statue production and sales.

One day i decided enough was enough, so packed up and moved to Port Douglas in Far North Queensland and began working on a Snorkel and Dive boat taking tourists out to visit the Great Barrier Reef. I did this for 2.5 years before deciding it was time to begin a real career.

In 2009 i studied full time to become a Personal Trainer and once qualified i opened up a very successful Mobile Personal Training business 'Actin Fitness'.
www.actinfitness.com.au

Today we (myself and my 2 employees), train 100+ clients between Cairns-Port Douglas. It is one of the most well known and successful Personal Training businesses in FNQ.

A little over 2 years ago i took up the sport of Triathlon and since then have completed 2 Full Ironman (Challenge Cairns in 2011, Ironman Melbourne in 2012), as well as 3 Half Ironman events.

I am now considered one of the fittest athletes in Far North Queensland having won and placed top 3 in over 30 running, duathlon and triathlon events in the region in the past 18 months.

My outstanding achievements to date are:

- Challenge Cairns (3.8km swim, 180km ride, 42km run) in 11h:06m
- Gold Coast Marathon
- 2nd in Townsville Half Marathon (21km run) in 1h:15m
- 3rd in Great Barrier Reef Half Marathon (21km run) in 1h:17m
- 2nd in Tri-Port Half Ironman (1.9km swim, 90km ride, 21km run) in 5h29m
- 6th in Solar Eclipse Marathon (42km adventure marathon) in 3h44m

And most recently on the 2nd Dec i finished 2nd in my category M25-29 in the Ironman 70.3 Laguna Phuket, Thailand (1.9km swim, 90km ride, 21km run) in 4h:45m and qualified for the Ironman 70.3 World Championships in Las Vegas, September 2013.

I am currently sponsored by many great businesses and within the next 12-18 months will turn Professional Athlete and have a website

www.nickcarling.com.au

It goes to show, that even when you feel the world is against you and you have no direction in life, there is something big waiting out there for all of us. But it is not going to come and find you, so stand up

I would like to take this opportunity to Thank the Diggers Rest Football Club, for keeping me inline as a kid, showing me what respect and the word Team is all about and really kick starting me both in the fitness industry as well as an athlete.

I hope to visit one day soon.

Yours In Fitness,

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