

What is RockTape?

The best performance enhancing sports tape on the market!

ROCKTAPE helps enhance performance when applied to a specific muscle group by:

- Promoting blood flow to the muscles
- Promoting lymphatic drainage
- Assisting in the removal of lactic acid
- Reducing muscle vibration

These functions enable ROCKTAPE to provide athletes with additional endurance and promote recovery.

All you have to do is put ROCKTAPE on the areas on your body that need a little help and you can go stronger for longer.

RockTape Seminar

When: Tuesday 19th March 2013

5-7pm

Where: B Mee Hive

3/147 Old Maryborough Rd, Hervey Bay

Cost: \$50 Early Bird

\$80 on the day

Price includes:

- Roll of RockTape,
- 20min taping assessment with exercise physiologist
- 2 hour seminar conducted by exercise physiologist covering common injuries and uses for RockTape.

RSVP: Monday 4th March

Please phone 4325 4352 to reserve a position

