

## **Essential Information**

## Sports Trainer Taping Techniques

Do you work or volunteer within a sporting club or are you interested in working in this field?

If you work, or would like to work, within a sports club this workshop provides you with the essential information you need to know about taping techniques, a critical element of working in this field!

Complete the one day course and learn the fundamentals on taping techniques.

This one-day workshop is a component of the Certificate III in Sports Trainer course. For more information on the full certification course please contact AFA.

This workshop includes taping techniques for injury prevention and management and covers the following areas: finger, thumb, ankle, shoulder, knee and elbow

Saturday 16<sup>th</sup> March 2013
9am – 4pm
Australian Fitness Academy, 701 Glenhuntly Road, Caulfield

## Enrol today for only \$160! For more information contact Australian Fitness Academy on 1300 AFA FIT (232 348).

To enrol complete details below and email to info@afa.com.au or fax to 03 9532 9044.

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