



CLUB BULLETIN : Number 5

19th July 2013

1. 'TIME TO MAKE UP GROUND' CAMPAIGN

Football South Coast has submitted an application for Funding for a Home of Football and Sporting Complex at West Dapto as part of the Restart NSW Illawarra Infrastructure Fund.

The objective of the Infrastructure fund is to 'support new infrastructure projects in the Illawarra that open new economic opportunities and drive economic growth'. A West Dapto complex will allow this to happen through tournaments and events and the significant growth that can create.

This will ensure a long term solution for football in this region and allow football to be self-sustainable. More importantly it will allow football to be even more of a key social and economic contributor to this region.

It's time for our Football Community to band together. Get your family, friends and clubs together and show the State Government, it's time to finally support Football in the Illawarra Region.

For a numbers of years, the Illawarra Football Community has lobbied all levels of government for good local facilities to support the huge growth of football in this region.

Football needs more grounds! Football needs facilities for all kids to train at night during the week and enough grounds for them to play on weekends.

Football needs a Home that can cater for everyone.

Football is growing faster than any other sport in our region and each year we cannot cope with the existing facilities for our growing participation base.

We have approximately 18,000 players in our region and at least that many parents and family members involved every week in our game. Enough is enough.

Here are some facts:

- Illawarra Regional Information Service – an Independent Research Company – says that there would be a significant economic benefit to this region if we were able to host local, state and national events and tournaments at One Site - a Home of Football.
- We have no home ground for our State League Representative Elite Men's and Women's teams
- We struggle to find grounds for our Youth Development Programs to play and train on.
- The national average of ground usage is 140 players per ground. But here in the Illawarra the usage rate is between 250 and 300 - which results in over use of grounds leading to poor quality grounds and scheduling issues.
- A number of our grounds simply don't have sufficient basic lighting to allow for evening training and games.



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- At times we need to cancel games and training rather than postpone them given the lack of facilities especially during wet weather.
- Football does not have any wet weather/synthetic pitches in the Region – which would help this fast growing sport meet the demands the usage and participation numbers

We need your support and it's time to have your say.

We need you to show and tell our State Government that the football community is a key economic and social contributor to this region and a Football Complex will allow us to provide an even greater contribution to all of our community.

Log onto to <http://engage.haveyoursay.nsw.gov.au/restart-illawarra> and finally have your say.

Make it count. It's time for our Football Community to band together. Get your family, friends and clubs together and show the State Government, it's time to finally support Football in the Illawarra Region.

PLEASE SPREAD THE WORD - SHARE OUR LINKS on your Facebook and Websites.

2. COACHING CLINIC WITH MATILDA'S COACH HESTERINE deReus

Hesterine deReus the current Matildas coach will be conducting a coaching clinic on the 8th August commencing at 6:00pm at the University.

If you have coaches interested in attending please email the FSC office on admin@footballsouthcoast.com) to book a spot.





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3. HERE'S A GREAT OPPORTUNITY FOR YOU TO HELP RAISE FUNDS FOR YOUR CLUB

Football South Coast has partnered with the Food Patrol to bring the Kilo Kicker Challenge. A free seminar is being held on the 4th August at the Fraternity Club.

Please promote this to your parents and players. **\$20 from each participant goes to your club.**

foodpatrol presents

The Football South Coast Kilo Kicker Challenge

Register and be in the running to **win Your share of \$12,000 in cash**

OFFICIAL Start Date 12th August 2013

Join thousands of Australian residents that have already 'Achieved the Body of their Dreams' using the Food Patrol's 'Secret to Maximum Fat Loss in 90 Days' system.

\$20 from each registration goes to your football club!

FREE INFO SEMINAR THE FRATERNITY CLUB TO REGISTER GO TO WWW.FOODPATROL.COM.AU 02 4225 2298

4. WOLLONGONG CITY COUNCIL – APPLICATIONS OPEN FOR SPORTING CLUBS and FUNDING ASSISTANCE

Wollongong City Council runs a Sports and Facilities Reference Group. One of this group's objectives is to help sporting clubs and associations maintain and improve their sports facilities through the provision of design assistance and partial capital funding.

Applications for assistance are now invited from sports clubs and associations wishing to enhance sportsgrounds that are owned for controlled by Wollongong City Council.

<http://www.wollongong.nsw.gov.au/facilities/sportrec/Pages/default.aspx>



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5. FREE FIRST AID SPORTS INJURY MANAGEMENT COURSE

In line with our recently issues new Injury and Incident Policies, Football South Coast will be providing a free course.

This training will be provided free of charge and will assist all clubs and participants to identify significant injuries and appropriate emergency care until a qualified first aider and / or ambulance office arrives.

A representative from each club is strongly encouraged to attend.

Details of the training is as follows:

Date: 1st August 2013

Time: 6:30 to 8:30pm

Presenter: Wollongong First Aid

Location: Fraternity Club (upstairs)

Register: Please email admin@footballsouthcoast.com by the 29th July 2013