



All participants will be given a complimentary box of tape and medical supplies from Victor Sports valued at \$30. This material is for use in the course.



## **Central Highlands FL** **TRAINERS COURSE 2016**

This program has been developed around the requirements of the AFL Trainers policy.

### **COURSE DETAILS**

#### **DATE**

**Sunday 3rd April 2016**

#### **VENUE**

**Bungaree Recreation Reserve**

#### **TIME**

8.30am – 5.30pm

#### **COST**

\$120 (inc. GST) per participant (includes Victor Sports Tape Box for use in course). AFL Vic Country Rebate of \$75 already deducted- session fee \$195 for non AFL Vic Country Affiliates

#### **REGISTRATION**

RSVP: **Monday 28<sup>th</sup> March 2016**

#### **PREREQUISITE**

Current First Aid Certificate  
Note: You can undertake your First Aid Certificate after you have completed this course.

All participants are required to supply their own meals.

### **COURSE CONTENT**

#### **ROLE OF TRAINER**

Safety, Injury Prevention, Injury Management, Rules and Regulations pertaining to trainers.

#### **RESPONSIBILITY OF TRAINER**

Communication and relationships, Record Keeping, Referrals to Healthcare Specialists, First Aid equipment, First Aid Facilities, Legal Responsibilities.

#### **MEDICAL CONDITIONS**

Asthma, Diabetes, Epilepsy, Heart Conditions, Stroke, Ear, Nose and Eye injuries, Teeth and Jaw, Allergic Reactions.

#### **TAPING**

Ankles, Fingers, Hands, Shoulders, Elbows, etc.

**No trainer's certificate will be issued until current first aid qualifications are sighted.**

To Register go to; <https://reg.sportingpulse.com/regofrm.cgi?formID=55146>

(Please register as a first time user as this is a separate database to club registration and select CHFL Trainers Course – 3<sup>rd</sup> April 2016 course. )

Payment for registration is by credit card. No registrations or payment accepted on the day.

#### **FURTHER INFORMATION**

AFL Victoria Community Football Operations Manager Gerard Ryan

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