



Waverley Park Hawks Junior Football Club

Club Guide 2017



About the Club

The Waverley Park Hawks is one of the largest clubs in the Monash municipality and has a long history in the community that spans on over forty years. Our club fields around 20 teams with both boys' and girls' teams catering for ages from 7 to 17, and has over four hundred players.

The Hawks are based at Columbia Reserve in Wheelers Hill and principally serve this suburb, as well as drawing players from nearby suburbs such as Glen Waverley, Mount Waverley, Mulgrave, Rowville, Scoresby and Dandenong.

Our community-based club promotes inclusivity and equality and fosters an environment that is family friendly. Anyone from within the greater Wheelers Hill community is welcome regardless of gender, cultural background, socio-economic status or football ability.

The Club is affiliated with the South Metro Junior Football League (SMJFL)* which was established in 1988. It is now one of the premier leagues in Victoria and in 2016 consisted of 26 member clubs, over 400 teams and approximately 9,500 players participating each weekend in 52 divisions.

Our purpose & values

The purpose of our club is to provide an enjoyable junior football experience for local children and to improve their physical and social wellbeing through skill development in a team environment. We foster player participation, new friendships, enjoyment, and the playing of football in the true spirit of sportsmanship.

We strive to develop our players to achieve their full potential by providing good coaching and playing facilities and at the same time creating an environment where players enjoy themselves both on and off the field.



Our Club's Profile Video. View on the Club's website and You Tube

The Waverley Park Hawks are an inclusive club and welcomes boys and girls of all ages and of all skills levels, from diverse backgrounds. Whether you are highly competitive or simply want to play a game of football with your mates, our family and community-minded club is right for you.

*For more information on the SMJFL, go to www.smjfl.com.au

The Club's values are:

- Inclusiveness
- Equality
- Respect
- Sustainability
- Transparency

Girls Teams

Girl's football is rapidly growing in popularity, especially now with the introduction of the AFL Women's league in 2017. The Waverley Park Hawks wants to encourage this growth and greater female participation in football and so actively recruits girls to the Club. The 2017 season will be our fifth year involved in girl's football and we will be fielding Under 10, 12, 14 and 16 teams

For more information about girl's football and joining one of our teams, please contact the Girl's Coordinator. (Refer to Key Club Contacts list on page 12).

Starting out

To be eligible to register and play Under 9's with our club in the South Metro Junior Football League; your child must have turned 7 years old by 30 April 2017.

If your child is beginning football in the Under 9s or Under 10's, the club wants them to feel comfortable and confident in their new team. Therefore the Club will endeavour to place them in a team with friends and school mates where possible.

Registration Fees

Fees are required for each player to participate. They are used to cover a wide range of costs such as league levies, insurances, jumpers, clubhouse maintenance, equipment and various other supplies.

All returning players must register and pay using the online registration process. You can find a link to the registration page on the Waverley Park Hawks website.

Players who are new to club football (including those who have previously been registered with an Auskick Centre) can also register online and a copy of your child's proof of age (birth certificate or passport) must be sent to the Club registrar.

Registrations for new players to the club who are transferring from another club cannot be finalised until 1 February 2017 when the AFL opens up transfers. In the meantime please download and complete the SMJFL Player Registration and Transfer form, which can be found on the SMJFL website. Please then return the form to the WPHJFC Registrar with a copy of your child's birth certificate or passport.

The Club provides an Auskick Rebate to first time registrants who continue with Auskick, reducing the financial burden of paying both Auskick and Club registration Fees. Simply complete the form on the Club's website (in the Resources section) and attach a copy of your fee receipt.

Discounts are available for early registrations, and if you are registering for two or more players from one family. Fees need to be paid online at the time of registration and may be paid by Mastercard, Visa or electronic funds transfer. For a list of 2017 fees, refer to page 10.

If you have a registration enquiry, please contact the club Registrar (refer to the contacts list on page 12) or email registrar@wph.org.au.

Club Uniforms

The club colours are brown and gold. The official Club uniform consists of a brown and gold vertical striped jumper, brown and gold hooped socks and two pairs of shorts, a brown pair for “home” games and a white pair for “away” games.

A correct uniform includes the SMJFL-endorsed club jumper, shorts and socks. The SMJFL imposes monetary fines on the Club for each player that breeches the club uniform, so it is essential that players wear the full, correct club uniform for every game.

Official club jumpers are provided to the players by the club before the season commences. The jumpers remain the property of the Club and should only be worn at Club organised activities and not be used for any other purposes.

Players are responsible for the maintenance, including regular washing, of their jumper throughout the season. At the end of the season jumpers must be returned to the child’s Team Manager and checked off a list. The ideal time to do this is at the end-of-season Presentation Day.

Shorts and socks, as well as other merchandise and apparel are available from the club and can be purchased on registration day, or please contact the Uniform and Merchandise Coordinators for a fitting and selection (refer to the contacts list on page 12).

Helmets & Mouthguards

Player health and safety is a priority for the Club and for this reason the Club encourages players to use appropriate protective equipment when they play.

Mouthguards must be worn by all players and they can be purchased at sporting goods retailers and chemists, or made by a dental technician.

Sportsafe Australia is the Club’s official mouthguard supplier. Prior to the commencement of the season, the Club will notify parents and players via email and social media, when there is an opportunity to get fitted for a mouthguard at the Club.

For head protection, the Club does have helmets available for players to borrow for the season. If your child would like to play with a helmet over the season, or trial one, please contact your child’s Coach or Team Manager to make a request.

The season

The 2017 season will begin on Sunday 23rd April and the Home and Away rounds will conclude for all teams by 13th August. You will be able to view fixtures on the Club or SMJFL websites.

For Under 9’s and 10’s the season finishes with the Lightning; a 3-game round robin against other teams in their division.

For Under 11’s and above, if they finish in the top 4 on the ladder, they will play finals. Depending on the age group, finals will consist of a semi-final and a preliminary final to gain entry into the Grand Final where a Premier will be decided.

SMJFL Season Dates

Date	U8 & U9	U10	U11-U13	U14+	Holidays
23/04/2017	Round 1	Round 1	Round 1	Round 1	
30/04/2017	Round 2	Round 2	Round 2	Round 2	
7/05/2017	Round 3	Round 3	Round 3	Round 3	
14/05/2017	Round 4	Round 4	Round 4	Round 4	
21/05/2017	Round 5	Round 5	Round 5	Round 5	
28/05/2017	Round 6	Round 6	Round 6	Round 6	
4/06/2017	Round 7	Round 7	Round 7	Round 7	
11/06/2017	No Games				Queen's Birthday
18/06/2017	Round 8	Round 8	Round 8	Round 8	
25/06/2017	Round 9	Round 9	Round 9	Round 9	
2/07/2017	Round 10	Round 10	Round 10	Round 10	School Holidays
9/07/2017	No Games				School Holidays
16/07/2017	Round 11	Round 11	Round 11	Round 11	School Holidays
23/07/2017	Round 12	Round 12	Round 12	Round 12	
30/07/2017	Round 13	Round 13	Round 13	Round 13	
6/08/2017	Lightning Carnivals	Round 14	Round 14	Round 14	
13/08/2017		Lightning Carnivals	Round 15	Round 15	
20/08/2017			Semi Finals	Semi Finals	
27/08/2017			Grand Finals	Preliminary Finals	
3/09/2017				Grand Finals	

Training

Our teams train one night per week, generally Tuesday to Thursday. Your Coach and/or Team Manager will advise the day and time at the beginning of the season, before training commences.

Training generally focusses on improving skills, learning game plans, and preparing for the next game, but the exercises will be determined by the coaches based on the skill level of the team and individuals.

Players should wear gear that is suitable for training and the prevailing weather, such as their boots, footy socks and warm top. Players often wear long skins or track suit pants in winter. Personalised WPFC training Jumpers may also be available for purchase before the new season commences.

Players are expected to attend every training session in order for the team to work together to improve skills, work on game day strategy and develop a solid team bond. If your child cannot make training, please ensure that the coach and team manager are notified before training.

Training may either be located at Columbia Park or Lum Reserve in Wheelers Hill, and will be advised by your team manager in their weekly update.

In the case of bad weather training may not proceed. If this is the case your team manager will endeavour to contact you by SMS or email to notify you accordingly.

Where We Play

"Home" games will be played at either of our two grounds:-

Main Ground:

- Columbia Reserve, Columbia Drive, Wheelers Hill Victoria. Melway Ref 71 H11.

Second Ground:

- Lum Reserve (West), Cintra Ave, Wheelers Hill. Melway Ref 71 F11.

“Away” games are played against teams in the Southern Metro Football League territory based in suburbs such as Beaumaris, Bentleigh, Caulfield, Dingley, East Malvern, Mordialloc, Hampton, Highett, McKinnon, Oakleigh, Ormond, Sandringham etc.

For a full list and details of SMJFL venues, visit SMJFL website at www.smjfl.com.au or download / use the Waverley Park Junior FC App (Refer to “Websites” & “Social” section).

Modified Rules - Under 9 / 10 Boys and Under 10 / 12 Girls

Under 9/10 Boys games and 10/12 Girls games are played with modified AFL rules. The modified rules have been devised to allow young players to develop basic skills before dealing with deliberate contact such as shepherds, bumps and tackles. The rules also:

- 1) Increase a child's chance of using the ball
- 2) Allow players to gain experience across all positions
- 3) Improve player safety
 - Therefore making the game more enjoyable for your child.

Some of the modified rules include:

- Set zones for Forwards, Centres and Backs
- Playing on a smaller ground (up to each club's discretion)
- Restrictions on physical contact with modified tackling and no “fending”, “chopping” or ball-smothering.
- No kicking off the ground

Refer to the website for a full description of the modified rules.

Game day

All games are played on Sundays, where younger age groups generally play earlier in the day and older age groups later in the day. Game times will be confirmed weekly by the team manager.

Season game fixtures can be found on the SMJFL website and can be accessed easily via the WPHFC App and/or Fox Sports Pulse App.

In Under 9/10 Boys and 10/12 Girls, the focus is for children to have fun playing football, to learn the fundamentals of the game and to play safely. In these age groups (except U12 Girls) the scoreboards are not used, there is no game winner, and no ladder or final series. From Under 11's all games are scored, and the points gained for each win are tallied to make up the ladder.

Players are expected to be at the ground and getting prepared 45 minutes prior to the game, depending on the age group or coaches wishes. It is important that players arrive on time as during this period the players will ‘warm up’ together and get a team briefing with the coach's game plan.

For the younger age groups, a different Captain may be appointed each week by the Coach to lead the team. This is an important role for the junior players and the purpose is to teach the children leadership and responsibility, and it is often a highlight of the player's season.

For the Under 14s and above, a permanent captain / captains and / or a Leadership Group, may be appointed by the Coach at the beginning of the season to lead the team.

Team Selection

- U9's – 12's: Selection is based on school and friendship groups
- U13's and above: Selection is subject to the Team Selection Policy, which can be found on the Club's website under “policies” and the “Our Club” tab.

Game Duration

Under 9 matches	12 min quarters
Under 10 matches	12 min quarters
Under 11 to 13 matches	15 min quarters
Under 14 to 16 matches	20 min quarters
Under 17 matches	22 min quarters

Breaks

End of 1 st quarter	3 mins
End of 2 nd quarter	10 mins
End of 3 rd quarter	5 mins

Learn the club song

Sung to the tune of Yankee Doodle Dandy

We're a happy team at Waverley

We're the Mighty Fighting Hawks.

We love our Club, and we play to win,

Riding the bumps with a grinat Waverley.

Come what may, you'll find us striving

Team work is the thing that talks,

One for all and all for one

Is the way we play at Waverley.

We are the Mighty Fighting Hawks

Communication

Team information about game day and training will be distributed via email from your team manager. Club news and updates are also distributed via the club's weekly email newsletter, our social media channels and at the regular After-Match events on Sunday evenings.

To ensure you are receiving our communications in a timely manner, please ensure the Club and team manager have the contact phone numbers and email addresses of each parent or guardian.

Please also follow the Club on Facebook, Instagram and twitter for multi-channel communications from us.

Player safety & insurance, Injury & first aid

Player health and safety is paramount and so the Club ensures that best practice is adhered to for injury treatment and first aid. The Club does this in the following ways:

- **Team trainer:** Each team has a dedicated person at the game to attend to injuries that occur on the field during the game. All Trainers have Level 2 Senior First Aid training as well as Emergency Response Coordinator training.
- **Injury Treatment Kits:** Each team has a dedicated kit box with supplies to help deliver first aid and injury treatment.
- **Medics:** For all home games the Club provides a professional Medic to administer assistance to players and spectators in the event of a serious injury.
- **Care Monkey player database:** The Club uses "**Care Monkey**" to maintain a secure and current database of medical information on each player. The information is important in the case of a serious injury and/or medical emergency. In such an instance, the program can provide instant

access to your child's medical data on a mobile device, so a medic, paramedic or trainer has fast, convenient and correct information when they are providing treatment. We will send you a request by email at the beginning of the season, for you to go online and enter your child's information, which is kept confidential. Each child's medical information can only be accessed by the Club's system administrator and the Child's team coach and trainer. For further information, please contact the Club Secretary.

- **Personal Injury Insurance:** All members of the Waverley Park Hawks are covered for Personal Injury through the Australian Football National Risk Protection Programme

The Personal Injury component of the Programme provides partial reimbursement of non-Medicare medical benefits such as ambulance, physiotherapist, and dental.

For more information visit the Club website under "Resources – Personal Injury Insurance".

Weekly game day jobs

The Club relies on volunteers from families to fill vital roles on game day that ensure the game goes smoothly, is played safely and on time. The club actively encourages family involvement in game day because the more parents get involved in their child's sports, the more their family will enjoy the season too.

For each Waverley Park Hawks team the Club appoints the Coach/es and Team Manager, and each week the following positions are required to be filled by parent/guardian volunteers on a rotation basis:

- Water Person
- Umpire Escort
- Timekeeper
- Runner
- Trainer
- Club Umpire (Modified rules only)
- Boundary Umpire
- Goal Umpire

If you are interested in volunteering to be a club umpire, the club will arrange for you to attend an official umpiring course for junior football, run by the SMJFL.

Awards

After each game, Coaches Awards are announced in the change rooms to the player groups. These awards are generally awarded to players that display outstanding effort, that have met tasks set by the coach, or have shown excellent on-field behaviour. These awards are used to encourage player participation, skills development and player integrity.

The Coach's awards are also announced on stage, in front of the club at the After-Match event on Sunday night.

Players in competitions with modified rules (Under 9/10 Boys and Under 9/12 Girls) will receive a participation trophy at the club's Annual Presentation Day at the end of the season.

In the age groups Under 11's and above the club awards Best & Fairest trophies (1st, 2nd and 3rd) which are based upon votes collected from three people (the Coach plus two others) at each home and away match. Other important individual awards are also awarded, and these are all announced at the club's Annual Presentation Day at the end of the season.

The awards are typically as follows:

- Best and Fairest
- Runner-Up Best and Fairest
- Third Best and Fairest
- Coaches Award
- Most Courageous
- Most Improved
- Most Consistent
- Best Finals Player

Milestones

The Club records each game that your child plays and so has a record of total games played. The Club celebrates important football milestones such as their 50, 100 and 150 games, and can offer a run-through banner for before the game (at a small cost) and a trophy will be awarded at that week's After-Match Club Social event.

If your child has a milestone-game coming up, the club can provide you with an easy and inexpensive way to create a run through banner. The run-through crepe-paper banners are 2m x 2m in Brown and Gold, which can be easily personalised with the players name and the number of games (e.g. 50, 100 150).

The cost is \$60 and they can be purchased through our merchandise co-ordinator. All you need to do is prepare the lettering for the players name and number of games and affix this to the banner.

For banner preparation instructions and more information contact the Club's Merchandise Coordinators (refer to the contacts list on page 12) or visit the website's "Resource" Section.

Player and parent conduct

Our Club aims to be highly respected in the local community and the football fraternity and so we expect our players to exhibit good behaviour and to uphold a code of conduct that among other things includes respect of the rules and umpires, avoiding verbal abuse of other players and officials, playing fairly and being a team player.

Similarly the Club expects parents to also behave appropriately at games and will not tolerate abuse of umpires, club officials, parents or players.

The Parents and Supporters Code of Conduct is as follows:

- Remember that you are there for the participants to enjoy the game.
- Encourage participation, but do not force it.
- Teach that enjoyment is more important than winning.
- Never ridicule mistakes or losses – supporters are there to support not downgrade.

- Lead by example and respect all players, coaches, umpires and spectators – physical or verbal abuse will not be tolerated.
- Recognise all volunteers who are giving up their valuable time.
- Never publicly criticize umpires – raise personal concerns with club officials in private.
- Don't use ugly remarks based on race, religion, gender or ability – you'll let down your family and yourself if you do and many such comments are actually now illegal.

Getting Involved

The club is an organisation run by volunteers and so we are always looking for members who want to get more involved, and who can lend their various skills and knowledge to the benefit of the club. If you have ambitions to be a Coach, please ensure you advise the Club so the Coaching Coordinator can let you know when an opportunity is available.

The club is particularly keen to attract new committee members from the Under 9's to Under 11's age groups who will follow their child's progress through the age groups. These new members will learn and transfer knowledge from the longer-standing committee members and ensure an ongoing process of committee succession.

If you are interested in getting involved at committee level, please feel free to contact the President or Secretary about your interest. (Refer to the contacts list on page 12).

After Match Club Social

Each Sunday evening at 5.30pm, the Club holds a weekly “After Match” social gathering in the club rooms. The purpose of this event is to encourage social engagement among our footy community, to learn the results of the day’s matches, to announce the weekly awards and to disseminate club updates.

The After Match is always a fun night. The children can have a kick of the footy with their mates under the lights whilst parents can enjoy cheap drinks at the bar. Themed meals are prepared by the members, with some past examples being gourmet burgers, souvlaki, paella’s, pizza and curries; an easy and cheap way to feed your family on a Sunday evening.

A highlight for the children is the ‘player’s draw’ where the kids get a chance to win a great weekly prize, but players must be there to accept the prize. Parents can enter the weekly raffle for a chance to win an excellent meat tray. So make sure you get to the After Match to socialise with your team and other families at the club.

Websites & social media:

The Club’s website is a great source of information and updates. Below is a list of some of the other information that can be found on the website-

- Players Code of Conduct
- Parents/Guardians and Spectators Code of Conduct
- Coaches Code of Conduct
- Injury and First Aid
- Smoke-Free Policy
- Responsible Service of Alcohol
- Team Selection Policy & Guidelines

To find the Club’s website simply Google “Waverley Park Hawks”.

We’re social bunch!

You can also keep up to date with the club using the following social media -



The club is looking for volunteers from each team to make weekly social media posts on behalf of your team and to upload photos (in accordance with club policy). If you are willing to assist, please contact the club Secretary for instruction.

Helpful apps

Waverley Park Hawks App

The WPH App is a helpful source of information such as committee contacts, team listings, fixtures, club ground locations and more. You can download the mobile app (available for both iPhone and Android) or search “WP Hawks” on the App Store or Google Play.

Fox Sports Pulse App

To conveniently view your team’s fixture, results and ladder on your smartphone or tablet, download the free Fox Sports Pulse app from your App store. Once downloaded, simply search for your team and save the short-cut.

Club fund raising functions

The club holds a number of functions over the season to raise vital funds. These nights only work if everyone gets behind it. All money raised goes to the club, so we encourage members to get involved, socialise with your footy community and enjoy these functions. Two of the major fund raising events are:

Dinner Dance

The dinner dance is a great night to get out (without the kids), to dress up, enjoy a lovely meal with some drinks, and have a boogie on the dance floor. It is our major fundraiser for the year and to make this night a success we need a huge amount of support from families, your networking groups and your contacts within your local community.

Date & Venue - Friday 23 June at the Mulgrave Country Club

Poker Night

The poker night is a professionally run event, with all poker tables and gear supplied and big-money prizes to be won on the night. Free lessons are provided on the night and whether you are a rookie or a seasoned poker pro, its great fun for all.

Auskick

Auskick is a great introduction to AFL for children and a relaxed, fun way for them to learn the basic skills of football as well as making new friends. If you have a young child that is at least Kinder age, we encourage them to join our local feeder AFL Auskick programmes on Saturday mornings:

- **Waverley Park Hawks FC Auskick Centre**

Columbia Park, Wheelers Hill.

Coordinator - Brendan Heath - brendan.heath@parmalat.com.au

Alternatively, if you reside in the Glen Waverley area we would recommend -

- **Mazenod / St Leonard's Auskick Centre**

Central Reserve, Glen Waverley.

Coordinator - Ignazzio (Nash) Cannizzo – nashcannizzo@gmail.com

Partners and Sponsor acknowledgement

The Club would like to acknowledge its valued partners and the vital support they provide through their generous sponsorship and donations.

As one of the largest AFL junior clubs in the City of Monash, and with a reach of over one thousand active members, our club provides a great opportunity to network with our members to promote your business and its products and services, to a broad, supportive audience.

If you are interested in sponsoring our club, we offer four levels of sponsorship; Major, Gold, Silver and Team. Details of the benefits and level of investment for each of these levels can be obtained from the Sponsorship Manager, Andrea Hall (Refer to Key Contacts list below).

2016 Registration Fees:

<u>Number of players</u>	<u>Regular Cost (Total)</u>
1st	\$220
2nd	\$180 (\$400)
3rd	\$150 (\$550)
4th	\$140 (\$690)
Girls	\$120

Uniform and Merchandise

<u>Item</u>	<u>Price</u>
Brown / White Shorts	\$29 per pair
Socks	\$12 per pair
Shorts + Sock pack –	
Consists of 1 x Brown shorts + 1 x White shorts + 1 Pair Socks	\$65
Game Kit Bag	\$40
Club Cap	\$12
Water Resistant Jacket – Adult	\$70
Club Hoodie - Adult	\$40
Club Hoodie - Child	\$40
Tracksuit Pants	\$45
Club Polo – Short sleeve	\$33
Club Drink Holder	\$10
Long pant training skins with logo	TBC
Long sleeve training top with full-colour design	TBC
Skin-coloured under-vest with logo (May be worn on match day)	TBC
Skin-coloured under-shorts with logo (May be worn on match day)	TBC

Key Club Contacts

President	Vice-President	Vice President	Secretary	Treasurer
				
Paul Shaw 0421 634 850	Alex Vicic 0414 271 516	Danielle O'Neill 0438 407 525	Lindsay Moore 0417 358 342	Adam White 0419 514 013
president@wphawks.org.au	vpfootball@wphawks.org.au	vpadmin@wphawks.org.au	secretary@wphawks.org.au	treasurer@wphawks.org.au

Coaching Co-ordinator	Girl's Coordinator	Club Registrar	Sponsorship Coordinator	Merchandise & Apparel
				
Simon Fisher 0409 219 981	Scott Adams 0417 316 894	Anthony Froelich 0429 080 086	Andrea Hall 0412 326 485	Danielle O'Neill Andrea Hall 0438 407 525 0412 326 485
coachfootball@wphawks.org.au	girlsfootball@wphawks.org.au	registrar@wphawks.org.au	sponsorship@wphawks.org.au	merchandise@wphawks.org.au

General Committee Members

- Tony Ferracane
- Andrea Hall
- Anthony Froelich
- Dale Pensa
- Bec Coutts
- Nick Thompson
- Paul Rice
- Julie McCusker
- Scott Adams