

# Sail Away

A P R I L 2 0 1 7

*To be a thriving place where people of all ages and abilities come to discover the joy of sailing.*

## What's On!

### Saturday 29<sup>th</sup> APRIL

End of Season / Presentation Evening

### Saturday 6<sup>th</sup> MAY

9.00AM Working Bee

### Sunday 28<sup>th</sup>

1.00pm Harry Jakobs Winter Series Heat 1  
(Long Distance Race)

### Saturday 3<sup>rd</sup> JUNE

9.00am Working Bee

### Sunday 25<sup>th</sup>

1.00pm Harry Jakobs Winter Series Heat 2  
(Long Distance Race)

### Saturday 22<sup>nd</sup> JULY

9.00am Working Bee

### Saturday 29<sup>th</sup>

9.00am Assistant Instructors Course

### Sunday 30<sup>th</sup>

1.00pm Harry Jakobs Winter Series Heat 3  
(Long Distance Race)

**Extended calendar later in this edition.**  
**Please see the Schedule of Courses for the remainder of the year on AWYC website [here](#)**

## Coming Events

### End of Season Function

Sat 29<sup>th</sup> April from 6.00pm (details page 4)

### Working Bee

Saturday 6<sup>th</sup> May, 9.00am  
(details in From the Helm page 2)

## From the Helm

*Leanne Thomson - Commodore*

Our official sailing has finished for another season and it is terrific to see the lake levels still at 60%. Especially given the lake was at 20% the same time last year. It is looking promising for the 2017/2018 season!

To celebrate the season that was we are holding our End of Season function at the Commercial Club (Waratah Room) on Saturday the 29<sup>th</sup> of April. The evening is a great opportunity for new and old members to catch up before people move to their Winter pastimes. Unfortunately, our planned guest speaker fell through. However, we will be holding a silent auction to raise funds for our Safety Boat fund. There is more information about this fund on page 4. Items available for auction on the night are shown on pages 6 to 8 and will also be listed on the Club website. For those unable to attend on the night you can email through your bid to me before 5pm on Friday 28<sup>th</sup> of April. Tickets for the function can again be booked and paid for online at <https://www.trybooking.com/263056> or you can contact Stuart Howsam. Email: [grants@awyc.org.au](mailto:grants@awyc.org.au) or Mobile: 0416 320 198.

Our Rear Commodore, Stewart Cathie, will be an apology for the End of Season function. As many of you are aware Stewart became ill before Christmas. I had a good chat with Stewart the other week and there is a photo and update on his condition on page 2. As his road to recovery will take a while we have advertised a position of Assistant Rear Commodore, to help Stewart in the planning of the participation programs for next season. Read more about the position on page 3.

It was great to see the Club a thriving hub over the school holidays / Easter break. Lots of people going for a sail at various times as well as many members and their family and friends camping out. If you enjoyed your time at the Club during this period, please consider  
(Continued on page 2)

## Connect with us on Social Media!

Website: [www.awyc.yachting.org.au](http://www.awyc.yachting.org.au)



[www.facebook.com/AlburyWodongaYC](http://www.facebook.com/AlburyWodongaYC)



[twitter.com/AlburyWodongaYC](https://twitter.com/AlburyWodongaYC)



[www.youtube.com/user/AlburyWodongaSailing](http://www.youtube.com/user/AlburyWodongaSailing)



[instagram.com/alburywodongayachtclub/](https://instagram.com/alburywodongayachtclub/)

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sending in some pictures for the next newsletter. In regards to camping please remember that only Club members get free camping and that you will need to pay \$10 per person, per night and \$5 a night for children 5 – 12 years. (Your single AWYC membership only covers you as a member, not your family unless they too are members).

I received the sad news this month on the passing of one of our Life Members – Hugh Clode. Many older members will fondly remember Hugh and his contribution to making our Club what it is today. Hugh's son Stewart has written a vale which can be read on page 3.

As the weather cools with Autumn here please remember to dress appropriately if going out for a sail. The water temperature is still quite warm, but the breeze is cool and the combination of the two can bring concerns of hypothermia for those without the right gear.

For those worried about sailing withdrawals over Winter don't forget we have our Harry Jakobs Winter series. Held on the last Sunday of the month for May, June, July and August. It is a long distance race with a social vibe. Ideal for those who are not interested in the competitive around the buoys racing. Whilst off the beach dinghies can participate you need to ensure the weather conditions are suitable and have the correct sail clothing. If you are normally a dinghy sailor, we encourage you to come along and we will get you a ride on a trailable boat. Trailable skippers looking for crew for the event can let me know and we will see if we can encourage some OTB sailors to join you. (It would be great to see some of the youth jump on some bigger boats to experience the difference). It is also a great opportunity for members to practice their powerboat skills as we launch a boat to drop a buoy and act as a start /rescue boat.

During the off-season we will be conducting Working Bees and encourage all members to find some time to assist in the maintenance of the Club (many hands make for light work). We will also be taking on a project this Winter. The Pizza Oven has become such a community asset to our Club, but the area around it is looking tired and we have found during functions it is not a large enough work area. The Committee have agreed to a revamp of this zone, to make it a more practical working space for both functions and general member use. I thank Herman Van Ree for drawing the plans and agreeing to project manage the construction. The plans can be viewed at the End of Season function. Mark Harris, along with other members, will be putting in a lot of the labour. Anyone wishing to assist with this project should have a chat with Herman or Mark, as it will not be able to be completed during working bees alone.

Leanne Thomson  
Commodore

## Stewart Cathie – Doing Well!

*Leanne Thomson – Commodore*

As many of you are aware our Rear Commodore Stewart Cathie had a medical incident prior to Christmas. He is still in Melbourne, staying with his Mother, whilst undergoing physiotherapy and speech therapy as part of his rehabilitation.

I had a chat with Stewart the other day on the phone and he has provided the following to update all his sailing family that have been asking after him.

Stewart will continue to stay in Melbourne for the next few months as he works through his rehab. He is alright (given the scare he gave everyone), but his progress is slow. He was really happy to have had a 5 day visit during the school holidays from his children Inez and Liam. The below photo was taken during a family outing to Arthurs Seat.

As was the case the first time Stewart went through this, his love of sailing and the need to get back in the boat has been a driving force through the tough times. He is very excited that he will be competing in the Asia Pacific Championships, incorporating the Victorian and Australian Class Championships. These will be held at the Royal Geelong Yacht Club on the 14<sup>th</sup> – 17<sup>th</sup> April. Stewart will be competing on the Liberty class as well as the Hansa 303 doubles. We wish Stewart all the best for the event.

Stewart thanks everyone for asking after him and want to wish you all a happy and safe winter and he looks forward to seeing you all again next season.

**Stop press:** Stewart and Bruce James competed in the Hansa 303 two-person division finishing 5th overall in their division. Congratulations and well done Stewart!



## Position Vacant – Assistant Rear Commodore

As many of you may be aware Stewart Cathie has been unwell of late. To assist Stewart on his road to recovery the Committee of Management have decided to create the position of Assistant Rear Commodore to join our current Committee.

As the Assistant Rear Commodore you would be helping the Rear Commodore, who:

- Is responsible for the Club Participation Program.
- Is the leader of the Discover Sailing initiative, Get Active Program or other similar programs as they arise.
- Facilitates Club Discover Sailing (open) Days and Introduction activities for actual and prospective new members.
- Coordinates training, development and rostering of Discover Sailing Hosts for the above mentioned activities.
- Conducts new member inductions, to ensure they integrate in to the Club.
- Appoints and oversees the Sailability Coordinator.

Many of the programs listed above are already established and strongly supported by Australian Sailing. To be eligible for the role of Assistant Rear Commodore you must be:

- 18 years or over
- entitled to vote at a general meeting (sailing member)
- been a member of the Club, or of some other similar sailing / yachting club for not less than 12 months.

As per our Constitution, Stewart will be unable to nominate as Rear Commodore at the AGM in October, having completed 2 years in that role. This new position of Assistant Rear Commodore could be a good opportunity to learn the ropes whilst being mentored by the current Flag Officer, assisting the Club with succession planning.

If you are interested and want to know more, please phone Stewart Cathie (Rear Commodore) or speak with Leanne Thomson (Commodore).

### Nautical Quiz

How's your nautical knowledge, we all know what this knot is and are aware that it can untie itself with embarrassing if not disastrous results. Are you aware of alternative Stopper Knots (answer on back page of newsletter)?



## Passing of AWYC Life Member Hugh Clode

*Contributed by Stewart Clode (Hugh's son)*

Hugh Clode passed away early on the evening of 11 March 2017 at the age of 83. He had been in good health up until recently when he had started to experience respiratory difficulties.



His passing was quick and painless. He is survived by his wife Elaine of 56 years, his son's Stewart and Cameron, 4 grandchildren and 6 great children.

Hugh enjoyed his retirement years living at Sunshine Bay (Batemans Bay) since moving from Albury although he never considered taking up sailing in the sea ...he couldn't swim a stroke, so always wore 'very sensible' life jackets when sailing on inland waters. Dad sailed two Paper Tiger catamarans during his time as a AYC-AWYC member, 'Lemon Squash' and 'Wun Hung Lo'.

Paper Tiger 'Wun Hung Lo' attracted some unwanted attention with a member of the Victorian Yachting Council sailing a Heron dinghy at the Yarrawonga Frostbite Regatta in 1976. The Councillor took issue with the very sharply pointed gunwales on the bow of the hulls. The gunwales were not included in the measuring of the boat. The VYC Councillor actually raised it at the next Council meeting in Melbourne where a directive was made that the gunwales of the bow were to be rounded at the same radius that the yacht designer had recommended in the plans. Dad got the directive, as did the Paper Tiger Association and the Commodore of the Albury Yacht Club (Wodonga hadn't made it into the Club name at that stage).

Once his sons left Albury and sailing, Hugh then joined up with Cliff Swatton and Gwyn Mulholland in the Start Boat crew, while Elaine continued her role in the Tower with Venie Gibson.

Hugh's final wish was to be placed feet pointing towards the sea ...with a view of the Ocean.

Kind regards  
Stewart Clode



## Upcoming Position Vacant – AWYC Secretary

*Leanne Thomson – Commodore*

The AWYC Committee of Management position of Secretary will become vacant at our AGM later this year (September).

The AWYC Secretary is responsible for:

- Circulating the agenda & taking minutes at Committee meetings.
- Maintaining membership information in the Australian Sailing database 'myClub'.
- Issuing access cards.
- Sending out Member Booklet to new members.
- Maintaining compliance and statutory reports with Consumer Affairs Victoria.

### **Why advertise this position now?**

Our membership year rolls over in July, with renewals being emailed out at that time. So now is the time to prepare and set up the new season in myClub. This is a good opportunity for the person taking on the role to sit with the existing team to learn how it is done.

Australian Sailing will be offering one on one training sessions in the coming months and ongoing support will be provided by Online Services staff and Club Services Officers. If you are considering the role of Secretary, you may wish to take up one of these training sessions.

To be eligible for the role of Secretary you must be:

- 18 years or over
- entitled to vote at a general meeting (sailing member)
- been a member of the Club or of some other similar yachting club for not less than 12 months

We thank Helen Kerr for her many years in the role. Helen has been the AWYC Secretary since 2014 and is happy to spend the next few months of her tenure training her successor.

## Safety Boat Fund – Silent Auction

Safety is a pillar of our strategic plan. Our current Ribs are great for training, but in an emergency situation, in rough weather on a race course it would be difficult to achieve the desired outcome with our current fleet.

For this reason, we have launched a Safety Boat Fund with the Australian Sports Foundation, to raise money to purchase a more suitable Safety Boat.

You may remember there was an opportunity to make a donation during your membership renewal. We have also been collecting your donations of change at the café and for tea and instant coffee. We have also received some donations online. Our tally so far is just over \$4,000, 10% of the amount we are chasing.

At our end of season function, we will be running a Silent Auction to raise funds for this project. We understand not everyone will be in attendance on the evening, so the items are listed on pages 6 - 8 and you have an opportunity to email through your bid to [commodore@awyc.org.au](mailto:commodore@awyc.org.au) prior to the night. (Email bids close 5pm on Friday 28/4).

As we approach tax time don't forget that [donations can be made online](#) and all donations over \$2 are tax deductible, with receipts being issued from the Australian Sports Foundation.

## END OF SEASON FUNCTION

Come along and celebrate the close of the season with family and friends. The evening will include a two course meal, a silent auction and of course the presentation of trophies.

Saturday 29th of April from 6pm

Commercial Club Albury - Waratah Room  
618 Dean Street, Albury, NSW 2640

Adults = \$40

Youth (12 - 18yrs) = \$30

Kids (under 12) = \$20

Ticket price includes a complimentary drink upon arrival

Bookings close 5pm Wednesday 26th April 2017

Tickets must be booked and paid for online

at <https://www.trybooking.com/263056>

or by contacting

**Stuart Howsam**

**Phone: 0416 320 198**

**Email: [grants@awyc.org.au](mailto:grants@awyc.org.au)**

# Dip for Dempsey

*Nash Clark, Director of Sport & CoCurricular*



421 Elizabeth Mitchell Drive  
Thurgoona NSW 2640  
Ph 02 6049 3400  
[www.trinityac.nsw.edu.au](http://www.trinityac.nsw.edu.au)

The Ovens and Murray Waterpolo Association proudly hosted the inaugural Dip for Dempsey, Friday 3, March 2017 from the foreshore of the Albury Wodonga Yacht Club. The swim was in aid of Nick Dempsey, the reigning Ovens and Murray, A Grade, Best and Fairest who suffered a significant spinal cord injury, on his 21<sup>st</sup> birthday.

The event was well supported by the border waterpolo, swimming and triathlon community, with 143 swimmers taking to the water. Sixteen brave Under 14 competitors took on the 400 metre course and the worst of the windy conditions. Caleb Noble, a Riverina triathlete conquered the Open Men's 1500 metre swim and local waterpolo player Leah Dodd was first lady out of the water. The conditions proved very trying, however, in support of Nick and his ongoing rehabilitation many proudly crossed the finish line. Swimmers swam in solidarity of Nick, wearing their waterpolo cap, with his father Peter wearing Nick's Albury Tigers water polo cap.



Fortunately, for the majority of lap swimming competitors the generous members of the AWYC were on hand offering their support. With waves too big to see the next marker the support vessels quickly found themselves reorienting off course swimmers.



The social nature of the evening ensured everyone got to enjoy the fantastic facilities at the AWYC. The majority of competitors stayed around for the presentation and to share their stories of the swim. Nick was able to address the emotional crowd throughout the presentation, highlighting his spirit and readiness to tackle the challenges of his recovery. His words and the generous nature of our local community led to \$8500 being raised in what will be the first of many, Dips for Dempsey!

On behalf of the organising committee of the Dip for Dempsey and the Dempsey family we would like to thank the members of the AWYC, especially Terry Caldwell, Helen Kerr and Leanne Thomson for all they did to make this event such a memorable occasion. We hope to see you again in 2018!

Kind Regards  
Nash Clark

## Sailability

*Phil and Andrea Clements – Sailability Coordinators*

Our Sailability program concluded on Sat the 18<sup>th</sup> March and we ended with a game-high attendance of 30 participants!

New starters late in the season have included a group from Vision Australia who have enjoyed the opportunity to get out on the water. This month we also had two of our 'graduate' Tackers help out. Liam Brooks and Ryan Lord volunteered their time to take a number of our guests out for a sail and received some great feedback. Thanks Liam and Ryan and thanks to the Tackers program for helping to produce a new generation of volunteers!

Once again we were incredibly fortunate to have a beautiful day to finish off the program. The sun shone and we had a perfect amount of wind to provide pleasant sailing all afternoon. After packing up the volunteers and some of the participants enjoyed an extended afternoon tea.

We will now go into hibernation for the winter and come back rearing to go in October. Between now and then we will undertake maintenance work on the fleet and Mark Harris is going great guns getting the new Sailability jetty fully functional. It will be a fantastic addition to the program and make life safer and easier for both participants, carers and volunteers.

On behalf of all the participants, carers and the club, I would like to extend a huge thankyou to all the people that have volunteered their time to regularly assist with Sailability this season. All up we have had over 20 individuals contribute to this program and regularly

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had 12 or more turn up for each session. Great effort and I can assure you, your efforts and the support of the club are very much appreciated by all that attend.

Remember that Sailability is for EVERYONE so it can be a great way of introducing people of all ages and abilities to the sport of sailing.

Check out the club website or the contact lists in this newsletter if you want to find out more and we look forward to seeing you at a Sailability Working Bee that will be held in May.

Cheers,  
Phil & Andrea



*Sailability crew on and off the water.*

## Silent Auction

The following items are available as part of our Silent Auction to be conducted during our End of Season function. We understand not everyone will be present on the night so we are offering members the opportunity to email their bids up until 5pm on Friday the 28<sup>th</sup> of April.

Please email your bid to [commodore@awyc.org.au](mailto:commodore@awyc.org.au) clearly listing the item you are bidding for (some items are listed in different sizes or colours).



### 90W Portable Solar Panel

Ideal for camping

Folds up into a supplied storage bag

**Donated by AWYC member Bruce Diffey**

**RRP \$270**



### Survival First Aid Kit

**Donated by MYNYX**

**RRP \$259**

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**Ultra Automatic Inflatable 150N PFD**  
RRP \$130



**Racing Bib Signed by Olympic Gold Medalist  
Tom Burton**  
Donated by the Thomson family



**Ronstan Clearstart Waterproof Watch**  
SIZE - Small  
RRP \$98



**Ronstan GREY Long Sleeve Rash Top CL22**  
SIZE - XS  
RRP \$45



**Ronstan GREY Long Sleeve Rash Top CL22**  
SIZE - S  
RRP \$45



**Ronstan Backpack**  
RRP \$41



**AWYC Embroidered Towel Navy**  
RRP \$35



**Gill Deckhand Gloves Short Finger**  
SIZE - Jnr  
RRP \$33

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**Ronstan Race Gloves**  
**SIZE – M**  
**RRP \$31.50**



**Ronstan Shackle Key**  
**RRP \$22**



**Ronstan White T'Shirt**  
**SIZE - S**



**Ronstan LADIES Fitted Grey T'Shirt**  
**SIZE - 12**



**Ronstan Trucker Cap**



**Zhik Visor – Red**  
**RRP \$20**



**Zhik Visor – Blue**  
**RRP \$20**



**Ronstan String Bag**

Anyone wanting to check these items out in colour you can download the newsletter from our website or click on the weblink from our home page.



## AWYC Calendar 2016-2017

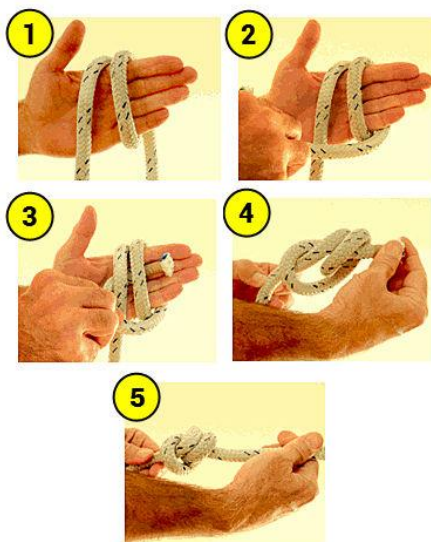
## AWYC Sailing

## Discover Sailing Centre

APRIL			
Saturday, 29 April 2017	9am	End Of Season / Presentation Evening	
MAY			
Saturday, 6 May 2017	9am	Working Bee	
Sunday, 28 May 2017	1pm	Harry Jakobs Winter Series Heat 1 (Long Distance Race)	
JUNE			
Saturday, 3 June 2017	9am	Working Bee	
Saturday, 17 June 2017			Aust Sailing Victoria Instructor Conference (all disciplines)
Sunday, 18 June 2017			Aust Sailing Victoria Awards Night
Sunday, 25 June 2017	1pm	Harry Jakobs Winter Series Heat 2 (Long Distance Race)	
JULY			
Tuesday, 11 July 2017	6.30pm		Aust Sailing Victoria Roadshow @ Albury Wodonga
Saturday, 22 July 2017	9am	Working Bee	
Saturday, 29 July 2017	9am		Assistant Instructor Course
Sunday, 30 July 2017	1pm	Harry Jakobs Winter Series Heat 3 (Long Distance Race)	
AUGUST			
Saturday, 19 August 2017	9am	Working Bee	
Saturday, 26 August 2017			Powerboat Handling Course
Sunday, 27 August 2017	1pm	Harry Jakobs Winter Series Heat 4 (Long Distance Race)	Powerboat Handling Course
SEPTEMBER			
Sunday, 3 September 2017	9.00am	Frost Bite Series - Pizza Oven On, Bring Dad out for a Sail!	Father's Day
Sunday, 10 September 2017	9.00am	Frost Bite Series	
Saturday, 16 September 2017	9am		First Aid & CPR Courses
Sunday, 17 September 2017	9.00am	Frost Bite Series	
Sunday, 24 September 2017	9.00am	Frost Bite Series	
Saturday, 30 September 2017			AFL Grandfinal

### Nautical Quiz - Answer

There are a number of alternative Stopper Knots such as the Ashley and EStar Stopper Knots, arguably the quickest and easiest though is the Overhand Stopper Knot:



Reproduced with permission from the original article by Captain John Jameison (<http://www.skippertips.com>).

## Welcome to Our New Member

The Commodore and members would like to welcome Brendon McCann to the Club.

## Do you like working with websites?

AWYC are currently looking for a new webmaster. This role involves managing the content on the Club's site (content provided by others for upload). Contact Leanne for more details.

## Albury Wodonga Yacht Club Inc 2016-2017 Contacts

*A full list of Committee & other Contacts is available on our website*

Commodore	Leanne Thomson	0402 348 874	<a href="mailto:commodore@awyc.org.au">commodore@awyc.org.au</a>
Vice Commodore	Terry Kerr	0419 401 036	<a href="mailto:vice.commodore@awyc.org.au">vice.commodore@awyc.org.au</a>
Rear Commodore	Stewart Cathie	0401 668 741	<a href="mailto:rear.commodore@awyc.org.au">rear.commodore@awyc.org.au</a>
Secretary	Helen Kerr	0438 425 992	<a href="mailto:secretary@awyc.org.au">secretary@awyc.org.au</a>
Treasurer	Jeff Stirling	0406 856 458	<a href="mailto:treasurer@awyc.org.au">treasurer@awyc.org.au</a>
DSC Training Principal	Donald Thomson	0467 355 258	<a href="mailto:training@awyc.org.au">training@awyc.org.au</a>
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Marketing / Promotion	Mary-Anne Scully	0408 685 225	<a href="mailto:marketing@awyc.org.au">marketing@awyc.org.au</a>
Sailability Coordinators	Phil & Andrea Clements	0407 272 375	<a href="mailto:sailability@awyc.org.au">sailability@awyc.org.au</a>
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Junior/Youth Rep	George Henderson	0476 254 372	<a href="mailto:georgedbhend@gmail.com">georgedbhend@gmail.com</a>
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Laser Representative	Donald Thomson	0413 486 996	<a href="mailto:laser.rep@awyc.org.au">laser.rep@awyc.org.au</a>
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