



2020 UNDER 10 MODIFIED RULES

Link to by-laws - <https://bit.ly/39dBR1v>

Objective: To assist young athletes in learning the rules of the game in the first four weeks facets of basketball – This can include positioning, spacing, basic rules, foul shot line ups etc

This is an additional 4 weeks to the season from previous years

Under 10 competition will have modified rules as follows:

7.3.1 Lowered rings

7.3.2 No back-court violations

7.3.3 No timing violations

7.3.4 Modified free throw line, 100cm closer to the ring

7.3.5 Coaches are permitted to be outside their designated coaching box but must remain within their half of the court

7.3.6 Scoreboard will be used

7.3.7 The no charge semi-circle will not apply

7.3.8 All teams must play person to person defence and pick up their players at halfway. E.g. If player #10 white is guarding player #4 Blue, once player # 4 Blue crosses halfway into the front court player #10 white must stick with that player – dependant on the defence taught by their coach e.g., pack defence, shell defence etc Therefore “Drop Back Rule” Rule applies for entire game. See Section 8

7.3.9 Successful shots taken outside the three-point line will count as two points

7.3.10 During the first four weeks of competition, coaches from both teams will be permitted to enter the court area for the sole purpose of assisting players with correct court position. This is to assist referees with educating new and young players with learning the rules and requirements of the game. At the completion of the first four rounds of competition, coaches will no longer be permitted to enter the court area