

2014 Central ABL Award Winners



WOMEN'S LEAGUE

Halls Medal:	Amy Lewis	Norwood
Merv Harris Medal:	Jessica Good	Norwood
Most Valuable Player:	Janae Howard	South Adelaide
All Star Five:	Jessica Mahony Natalie Novosel Carmen Reynolds Jo Hill Janae Howard	South Adelaide Sturt Woodville North Adelaide South Adelaide
Best Defensive Player:	Jessica Mahony	South Adelaide
Coach of the Year:	Jeremi Moule	Sturt
Phil Yuill Memorial Trophy for Referee of the Year:	Michelle Dyson	

Statistical Award Winners:

Top Scorer:	Janae Howard	South Adelaide	22.2 ppg
Top Field Goal %:	Ieva Nagy	South Adelaide	54.3%
Top 3 Point %:	Samantha Defrancesco	Forestville	34.5%
Top Free Throw %:	Carmen Reynolds	Woodville	86.8%
Top Offensive Rebounder:	Ashleigh Spencer	South Adelaide	3.9 orpg
Top Defensive Rebounder:	Emma Hooley	Eastern	10.4 drpg
Top Rebounder:	Emma Hooley	Eastern	13.9 rpg
Top Assists:	Jessica Mahony	South Adelaide	9.0 apg
Top Steals:	Jessica Mahony	South Adelaide	3.2 spg
Top Shot Blocker:	Hannah Richards	Sturt	2.8 bpg