



MEDIA RELEASE

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2010 Vic Metro U16 Teams Announced

The 2010 Victoria Metropolitan Under 16 State Teams who will contest the 2010 Australian Junior Championships in Logan, Queensland from 3-10 July this year have now been selected.

This year's teams consist of:

2010 U16 Vic Metro Men

Players

Rylie Ogelsby	Broadmeadows
Nick Dean	Diamond Valley
Cameron Conlon	Diamond Valley
Matthew Jackson	Diamond Valley
Ben Mossuto	Diamond Valley
Dante Exum*	Keilor (*Vice Captain)
Felix Von Hofe	Melbourne
Michael Luxford*	Werribee (*Captain)
Deng Riak	Werribee
Will Soonalole	Werribee

Emergencies:

Liam Bowkett	Diamond Valley
Kristian Maric	Keilor
David Tomat	Knox
Marek Toman	Knox
Jack Purchase	Melbourne

Staff:

David Crowe	Head Coach
Ross Clark	Assistant Coach
Tony Smyth	Assistant Coach
Rob Coulter	Assistant Coach
Lisa Page	Team Manager
Sarah Clement	Head of Player Welfare

2010 U16 Vic Metro Women

Players

Ciara Geheran	Bulleen
Gemma Fyffe	Bulleen
Molly Jovic	Dandenong
Amanda Meinking	Dandenong
Carly Turner	Diamond Valley
Erin McKernan	Knox
Stephanie Collins	Melbourne
Taylor Chant	Melbourne
Lauren Scherf	Melbourne
Louise Brown	Nunawading

Emergencies:

Brodie Theodore	Bulleen
Funda Nakkasoglu	Bulleen
Sarah Slater	Dandenong
Chloe Smith	Frankston
Bree Mackenzie	Kilsyth
Alanna Smith	Nunawading

Staff:

Jonathan Goodman	Head Coach
Paul Simpson	Assistant Coach
Matt Adams	Development Coach
Vicki Campigli	Team Manager
Paul Haas	Physiotherapist

Men's Head Coach David Crowe said: "This year's team features a strong balance of guards, shooters and bigs. The group is excellently led by Captain Michael Luxford and Vice Captain Dante Exum. I am very confident that our extensive preparation has put us in great shape to play consistent team basketball in Logan."

Women's Head Coach Jonathan Goodman said: "This year's group is very well-balanced at every position. We're looking forward to running when we have to, but also getting the job done in the half court. Our preparation to date has been good and we expect it to get better in the lead-up to the Tournament. Both the girls and staff are committed to doing their best and achieving the best possible outcome for Vic Metro."

Victoria Metro has a very impressive track record at the U16 National Championships with the U16 Vic Metro Women's Team winning 10 straight titles over the last 10 years (and 23 out of the past 30 years) and the U16 Vic Metro Men's Team winning 12 out of the last 16 years (and 25 out of the past 35 years). It is hoped that this year's teams will continue this tradition of success.

For further information or interviews please contact:

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