

# 2014 Central ABL Award Winners



## WOMEN'S LEAGUE

<b>Halls Medal:</b>	Amy Lewis	Norwood
<b>Merv Harris Medal:</b>	Jessica Good	Norwood
<b>Most Valuable Player:</b>	Janae Howard	South Adelaide
<b>All Star Five:</b>	Jessica Mahony Natalie Novosel Carmen Reynolds Jo Hill Janae Howard	South Adelaide Sturt Woodville North Adelaide South Adelaide
<b>Best Defensive Player:</b>	Jessica Mahony	South Adelaide
<b>Coach of the Year:</b>	Jeremi Moule	Sturt
<b>Phil Yuill Memorial Trophy for Referee of the Year:</b>		Michelle Dyson

## Statistical Award Winners:

<b>Top Scorer:</b>	Janae Howard	South Adelaide	22.2 ppg
<b>Top Field Goal %:</b>	Ieva Nagy	South Adelaide	54.3%
<b>Top 3 Point %:</b>	Samantha Defrancesco	Forestville	34.5%
<b>Top Free Throw %:</b>	Carmen Reynolds	Woodville	86.8%
<b>Top Offensive Rebounder:</b>	Ashleigh Spencer	South Adelaide	3.9 orpg
<b>Top Defensive Rebounder:</b>	Emma Hooley	Eastern	10.4 drpg
<b>Top Rebounder:</b>	Emma Hooley	Eastern	13.9 rpg
<b>Top Assists:</b>	Jessica Mahony	South Adelaide	9.0 apg
<b>Top Steals:</b>	Jessica Mahony	South Adelaide	3.2 spg
<b>Top Shot Blocker:</b>	Hannah Richards	Sturt	2.8 bpg